



LUNCH MENU

Monday – Friday | 11:00am – 3:00pm

Includes Cup of Soup or Substitute Tossed Salad or Caesar Salad for 1.50

Caesar Salad

Served with garlic herb croutons topped with
Blackened chicken — 13 or Blackened salmon — 15

Antipasta Chopped Salad

with salami, pepperoni, fresh mozzarella,
artichoke hearts, olives, cucumbers, pepperoncini,
penne pasta, red onions with romaine lettuce
and tossed with Tuscan vinaigrette — 14

GF Buffalo Shrimp Lettuce Wrap

Grilled buffalo shrimp, avocado, bacon, tomatoes
and bleu cheese dressing in a lettuce cup — 14

VF Superfood Salad

Baby power greens, broccolini, apples,
blueberries, feta and toasted almonds,
tossed with balsamic vinaigrette — 12

GF California Chicken Breast

Tomato, avocado and swiss cheese
served over broccolini — 14

GF Loaded Hummus Bowl

Topped with wilted spinach, tomatoes, cucumbers,
feta, kalamata olives with grilled chicken or
shrimp. Served with toast points — 14

VF Lemony Fusilli

Asparagus, artichokes, tomatoes and garlic in a
lemon olive oil served over fusilli pasta— 13

Chicken, Shrimp and Sausage Fra Diavolo

in a spicy marinara with peppers, mushrooms
and onions over rigatoni — 15

Carbonara

with crispy pancetta, peas and
silky Parmesan sauce over fettuccine — 14

French Onion Chicken Lasagna Roll-up

Stuffed with shredded chicken, caramelized
onions, ricotta, and spinach — 14

Add Ons

Grilled Chicken — 4 Grilled Shrimp — 8 Seared Scallops — 12 Grilled Salmon — 14 Grilled Petite Filet — 15

CREATE YOUR OWN BURGER

USDA Choice Beef with choice of 4 toppings, served with homemade French fries — 13

Additional toppings — 1

BURGER TOPPINGS

American Cheese | Swiss Cheese | Smoked Gouda | Bacon | Tomatoes | Onion
Lettuce | Pickles | Jalapeños | Sautéed Mushrooms | Fried Egg (*add 1.25*)

All deserts are only \$5 during lunch!

GF = Gluten Friendly **VF** = Vegetarian Friendly